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2022

The Treasure Map to New Academic-clinical Teaching Method [ATM]

1. This whole content can be studied in 150 days' time table
 - i. 120 Video Lecture days
 - ii. 20 MCQ days
 - iii. 10 days extra-topics + Rest days
 - b. Print this file (free copy at www.obgynegy.com/Contents2021.pdf)
 - c. Add **date** to each topic(s) - *Make sure to add Rest days*
2. Listening/watching lectures can be at any time or place
3. Steps to study a topic in depth with the full arsenal
 - i. www.obgynegy.com (Buy lifetime membership)
 - ii. TOGIVEL Textbook (Buy book)
 - iii. www.togivel.com (Free with the book)
 - 1) Prepare suitable place
 - 2) Big screen view: Login from a desktop not phone or connect smart phone to TV set.
 - 3) Check topic updates on <https://www.togivel.com> → Updates
 - 4) Watch lecture on obgynegy.com
 - 5) Study from book (preferably TOGIVEL)
 - 6) Look for topic tutorial on <https://www.togivel.com> → Tutorials
 - 7) Solve topic MCQ on either (not both):
 - i. obgynegy.com → exams
 - ii. togivel.com → MCQ



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OBSTETRICS

SECTION 1 - PHYSIOLOGY

Study Day	I- Basic sciences > 4. Normal Pregnancy and Labor	Notes
1 - 2	<u>Normal Pregnancy</u>	
Date		
enter date	Part 1 FERTILIZATION TO GASTRULATION	
	Part 2 NEURALATION – ORGANOGENESIS – PLACENTA	
	Part 3 FETAL CIRCULATION	
	Part 4 PLACENTAL FUNCTION and ABNORMALITIES	
	Part 5 MATERNAL ADAPTATION AND ANTENATAL CARE	
<i>RELATED LECTURES USBC 2 Early Scans before 11 weeks</i>		

Study Day	I- Basic sciences > 4. Normal Pregnancy and Labor	Notes
3-4-5	<u>Normal Labor - Parturition</u>	
Date		
	Part 1 (Phase 1 and 2)	
	Part 2 (Phase 2 and 3)	
	Part 3 (Phase 3 and 4)	
	<i>Related Lecture for MD: Molecular basis of Parturition</i>	
	<u>Management of Normal Labor</u>	
	Management of first stage	
	Partogram	
	Management of Second and third stage	

Study Day	I- Basic sciences > 4. Normal Pregnancy and Labor	Notes
6	<u>Normal Puerperium</u>	
Date		
	Normal Puerperium	

Study Day	I- Basic sciences > 4. Normal Pregnancy and Labor	Notes
6	<u>Pain Control in Obstetrics</u>	
Date		
	Pain Control in Obstetrics	

Study Day	link in upper black bar > Exam	Notes
7	<u>FORMAT YOUR MCQ</u>	
Date		
	Exams → basic Sciences → Physiology → Pick a title.	



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Next Section is MATERNAL SHOCK AND COLLAPSE

Study Day	II- Obstetrics > 1- Pregnancy - General	Notes	
8-9	<u>MATERNAL SHOCK AND COLLAPSE</u>		
Date			
		PART 1 Causes and treatment of the cause	
		PART 2 Hypovolemic Shock Resuscitation	
		PART 3 Resuscitation and organ support	
	PART 4 Septic Shock		

Next is ABNORMAL LABOR

Study Day	II- Obstetrics > 6- Labor	Notes
10	<u>Abnormal Powers</u>	
Date		
	Abnormal Powers.	

Study Day	II- Obstetrics > 6- Labor	Notes
10	<u>Abnormal Passage</u>	
Date		
	Abnormal Passage	

Study Day	II- Obstetrics > 6- Labor	Notes	
11-14	<u>Malpresentations</u>		
Date			
		Part 1 (General Definition - Etiology - Diagnosis),	
		Part 2 (General Mechanism and Management),	
		Part 3 (Occipitoposterior - Face - Brow)	
		Part 4 (Breech Presentation)	
		Part 5 (Cord and complex Presentation)	
	Shoulder Dystocia		

Study Day	II- Obstetrics > 6- Labor	Notes
15	<u>Abnormal labor patterns</u>	
Date		
	Abnormal labor patterns	



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Study Day	II- Obstetrics > 6- Labor	Notes	
16	<u>Induction of Labor</u>		
Date			
		Part 1 (Indications - Risks - Contraindications - Overview)	
		Part 2 (Cervical Preparation)	
	Part 3 (Amniotomy and Oxytocin induction of labor pains)		
Study Day	VI- Operations & Procedures > 2- Obstetric Operations	Notes	
16	<u>Cesarean Section A-Z</u>		
Date			
		Part 1 (Safe CS) -	
		Part 2 (Dealing with difficulties)	
	Part 3 (forceps, ventouse and destructive operations)		
Study Day	II- Obstetrics > 6- Labor	Notes	
17	<u>Birth after C-Section VBAC - TOLAC</u>		
Date			
	Birth after C-Section VBAC - TOLAC		
Study Day	II- Obstetrics > 6- Labor	Notes	
17	<u>Puerperal complications</u>		
Date			
	Puerperal complications		
Study Day	II- Obstetrics > 6- Labor	Notes	
18	<u>The newborn</u>		
Date			
	The newborn		
Study Day	link in upper black bar > Exam	Notes	
19	<u>FORMAT YOUR MCQ</u>		
Date			
		Obstetrics → Labor-Abnormal Labor	
	Obstetrics → Neonatology		



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NEXT SECTION IS OBSTETRIC ULTRASOUND

Study Day	V- Ultrasound > I- Basic Obstetric Ultrasound Course	Notes	
20-21	<u>BASIC ULTRASOUND</u>		
Date			
		USBC 2 Early Scans before 11 weeks	
		USBC 2; 11 to 14 weeks scan	
		USBC 4 Fetal CNS standard Scan	
		USBC 5 Fetal Heart Standard Scan	
		USBC 6 Fetal Abdomen, gender, spine and limbs	
		USBC 7. Placenta - Amniotic Fluid and umbilical cord	
		USBC 8 Fetal Doppler Standard Scan	

Study Day	V- Ultrasound > II- Advanced Ultrasound course	Notes	
20-21	<u>ADVANCED ULTRASOUND</u>		
Date			
		Lecture 1 - Introduction - Machinery and Scanning	
		Lecture 2.a Early Scans	
		Lecture 2.b Early Scans	
		Lecture 3 - 11 to 14 weeks scan	
		Lecture 4 - Head and Cranium	
		Lecture 5a Fetal Echocardiography Part 1	
		Lecture 5b Fetal Echocardiography Part 2	
		Lecture 6 Advanced Scan of Fetal Abdomen	
		USAC 5 Anomalies of Fetal Kidney	
		USAC How to avoid overdiagnosis of Placenta Previa	
		USAC Fetal doppler studies	
		USAC UC 2 Cord Presentation	
		USAC 9 Cord Around the neck - Nuchal cord	
	USAC UC 3 New Concept in Nuchal cord diagnosis		



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NEXT SECTION IS FETOLOGY

Study Day	II- Obstetrics > 5- Fetology	Notes
22	<u>Assessment of Fetal Maturity</u>	
Date		
	Assessment of Fetal Maturity	

Study Day	II- Obstetrics > 5- Fetology	Notes
22-23	<u>Assessment of Fetal Well Being</u>	
Date		
	PART 1: Definition and overview, Antepartum Assessment of fetal well-being, Fetal Movement, Reduced fetal movement management.	
	PART 2: NON-STRESS TEST and Stress test	
	PART 3: Biophysical profile - Fetal Doppler	
	PART 4: Intrapartum Assessment of fetal Well being - Intrapartum CTG	
	PART 5: Continue Intrapartum CTG - fetal blood sample, fetal scalp stimulation, umbilical cord blood gases	
	Intrapartum CTG (More Clinical approach)	

Study Day	I- Basic sciences > 2. Embryology & Sexual differentiation	Notes
24	<u>Basic Genetics</u>	
Date		
	Part 1 (Chromosome and gene studies)	
	Part 2 (Inheritance)	

Study Day	II- Obstetrics > 5- Fetology	Notes
24-25	<u>Prenatal screening and diagnosis of Fetal Anomalies</u>	
Date		
	Part 1 Classification and NTD screen	
	- Part 2 Down Syndrome Screening	
	- Part 3 Fetal Diagnosis and Therapy	

Study Day	II- Obstetrics > 5- Fetology	Notes
26-27	<u>Fetal growth Restriction and SGA</u>	
Date		
	Part 1	
	Part 2	

[Related ultrasound lecture: Fetal doppler - Umbilical artery doppler](#)



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Study Day	II- Obstetrics > 5- Fetology	Notes
27	<u>Large for gestational age LGA, Hydrops fetalis, IUFD</u>	
Date		
		LGA - Hydrops - IUFD

Study Day	II- Obstetrics > 5- Fetology	Notes
28-29	<u>Fetal Anemia</u>	
Date		
		Part 1 Aetiology - Pathophysiology of fetal anemia
		Part 2 Prevention of Alloimmunisation
	Part 3 Management of Fetal Anemia	

Related ultrasound lecture: [Fetal doppler studies](#)

Study Day	link in upper black bar > Exam	Notes
30	<u>FORMAT YOUR MCQ</u>	
Date		
		Obstetrics → Fetology-Fetal Wellbeing

Study Day	II- Obstetrics > 1- Pregnancy - General	Notes
31	<u>General Pregnancy Disorders</u>	
Date		
		Pregnancy Disorders guide

NEXT SECTION IS OBSTETRIC DISORDERS

Study Day	II- Obstetrics > 3- Obstetric Disorders	Notes
31	<u>Polyhydramnios</u>	
Date		
		Polyhydramnios

Study Day	II- Obstetrics > 3- Obstetric Disorders	Notes
31	<u>Oligohydramnios and Meconium Staining</u>	
Date		
		Oligohydramnios and Meconium staining of Amniotic Fluid

Study Day	II- Obstetrics > 3- Obstetric Disorders	Notes
32	<u>Preterm Prelabor ROM</u>	
Date		
		Preterm Prelabor ROM

Study Day	II- Obstetrics > 3- Obstetric Disorders	Notes
32	<u>Preterm labor</u>	
Date		
		Part 1
		Part 2



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Study Day	II- Obstetrics > 3- Obstetric Disorders	Notes
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32	<u>Term and Post-term</u>	
Date		
	Term and Post-term	

Study Day	II- Obstetrics > 3- Obstetric Disorders	Notes
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33	<u>Multifetal gestation</u>	
Date		
	Part 1	
	Part 2	
	Part 3	

Study Day	link in upper black bar > Exam	Notes
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34	<u>FORMAT YOUR MCQ</u>	
Date		
	Obstetrics → Pregnancy-Obstetric disorders	

NEXT SECTION IS OBSTETRIC HEMORRHAGE

Study Day	II- Obstetrics > 4- Obstetric hemorrhage	Notes
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35-36	<u>ABORTION - Miscarriage</u>	
Date		
	Part 1 Definition - Incidence and etiology	
	Part 2 Pathology - Complications - Clinical Picture	
	Part 3 Investigations and treatment	
	Part 4 RPL Investigations and treatment	
	Cervical Incompetence - RCOG guidelines	

Related Operative Lecture: [Cervical Cerclage](#)

Study Day	II- Obstetrics > 4- Obstetric hemorrhage	Notes
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36-37	<u>Ectopic Pregnancy</u>	
Date		
	Part 1	
	Part 2	
	Part 3	

Related operative lecture: [Surgical treatment of tubal ectopic](#)

Study Day	II- Obstetrics > 4- Obstetric hemorrhage	Notes
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37-38	<u>Gestational Trophoblastic Diseases</u>	
Date		
	Part 1 Definition to diagnosis	
	Part 2 Treatment of GTD and GTN	



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Study Day	II- Obstetrics > 4- Obstetric hemorrhage	Notes	
39	<u>Antepartum Hemorrhage</u>		
Date			
		Part 1	
		Part 2	
	Part 3		

Related Ultrasound Lecture: [Diagnosis of placental site and adherence](#)

Study Day	II- Obstetrics > 4- Obstetric hemorrhage	Notes	
40	<u>Postpartum Hemorrhage</u>		
Date			
		Part 1	
		Part 2	

Related Operative Lecture including IIAL: [Difficulties in CS](#)

Study Day	II- Obstetrics > 4- Obstetric hemorrhage	Notes	
41	<u>Rupture of the uterus</u>		
Date			
		Rupture of the uterus	

Study Day	II- Obstetrics > 4- Obstetric hemorrhage	Notes	
41	<u>Obstetric Injuries</u>		
Date			
		Part 1 is perineal, vaginal and cervical injuries	
		Part 2 is Rupture of the uterus in case you did not watch before.	

You may want to check [Anatomy of the perineum](#)

Study Day	link in upper black bar > Exam	Notes	
42	<u>FORMAT YOUR MCQ</u>		
Date			
		Obstetrics → Obstetric Hemorrhage	
		Obstetrics → Obs operations-Injuries	

NEXT SECTION IS MEDICAL DISORDERS

Study Day	II- Obstetrics > 2- Pregnancy - Medical disorders	Notes	
43-44	<u>Hypertensive Disorders in Pregnancy</u>		
Date			
		Part 1	
		Part 2	
		Part 3	
		Part 4	



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Study Day	II- Obstetrics > 2- Pregnancy - Medical disorders	Notes	
45	<u>Diabetes Mellitus in Pregnancy</u>		
Date			
		Part 1 Definition, classification, pathology,	
		Part 2 Diagnosis,	
		Part 3 Laboratory tests (Screening, diagnosis and monitoring), Part 4 Management	
Study Day	II- Obstetrics > 2- Pregnancy - Medical disorders	Notes	
46	<u>Endocrinal Disorders in Pregnancy</u>		
Date			
		Part 1 - Introduction and Hyperthyroidism Part 2 Hypothyroidism, postpartum thyroid dysfunction, Parathyroid, adrenal and Pituitary disorders	
Study Day	II- Obstetrics > 2- Pregnancy - Medical disorders	Notes	
47	<u>Immunologic disorders</u>		
Date			
		Antiphospholipid Syndrome Systemic Lupus Erythematosus	
Study Day	II- Obstetrics > 2- Pregnancy - Medical disorders	Notes	
48	<u>Hematologic disorders in pregnancy</u>		
Date			
		Part 1 Anemias - Hemoglobinuria	
		Part 2 Hemoglobinopathies Part 3 Bleeding Disorders	
Study Day	II- Obstetrics > 2- Pregnancy - Medical disorders	Notes	
49	<u>Thromboembolic disorders</u>		
Date			
	Thromboembolic disorders		
Study Day	I- Basic sciences > 6. Basics of therapy	Notes	
49	<u>Anticoagulants</u>		
Date			
	Anticoagulants		
Study Day	II- Obstetrics > 2- Pregnancy - Medical disorders	Notes	
49-50	<u>Thromboprophylaxis in Pregnancy</u>		
Date			
		Part 1 Risk factors of thromboembolism - Part 2 Screening and prophylaxis	



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Study Day	II- Obstetrics > 2- Pregnancy - Medical disorders	Notes	
51	<u>Renal disorders in pregnancy</u>		
Date			
		PART 1: Introduction - UTI during pregnancy -	
		PART 2: Urinary Calculi, Nephritic syndromes, Acute kidney injury	
	PART 3: Chronic renal disease, Renal transplant patient		

Study Day	II- Obstetrics > 2- Pregnancy - Medical disorders	Notes	
52-53	<u>GIT disorders in pregnancy</u>		
Date			
		Part 1 Bile formation, IHCP, Acute Fatty Liver of Pregnancy -	
		Part 2 AFLP, Acute, Cholecystitis, Hyperemesis gravidarum	
	Part 3 Hyperemesis gravidarum		

Study Day	I- Basic sciences > 5. Pathology	Notes	
54	<u>Basic cardiology</u>		
Date			
		Part 1 (Basics and Heart lesions)	
		Part 2 (Specific cardiac lesions in pregnancy)	
	Part 3 (Diagnosis of Heart lesions in Pregnancy)		

Study Day	II- Obstetrics > 2- Pregnancy - Medical disorders	Notes	
55	<u>Cardiac disease in Pregnancy</u>		
Date			
		Part 1 Etiology and diagnosis	
		Part 2 Classification and Counselling	
	Part 3 Management		

Study Day	II- Obstetrics > 2- Pregnancy - Medical disorders	Notes
56	<u>Obesity in Pregnancy and Post-bariatric surgery Pregnancy</u>	
Date		
	Obesity in Pregnancy and Post-bariatric surgery Pregnancy	PDF

Study Day	II- Obstetrics > 2- Pregnancy - Medical disorders	Notes
56	<u>Seizure disorders, Psychiatric disorders and Substance abuse</u>	
Date		
	Seizure disorders, Psychiatric disorders and Substance abuse	

Study Day	link in upper black bar > Exam	Notes
57-58	<u>FORMAT YOUR MCQ</u>	
Date		
		Obstetrics → Pregnancy-Medical Disorders
	59 and 60 are revision and extra-days	



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NEXT SECTION IS OBSTETRIC INFECTIONS

Study Day	I- Basic sciences > 5. Pathology	Notes
61	<u>Immune response</u>	
Date		
		Immune response

Study Day	II- Obstetrics > 8- Obstetric Infections	Notes
61-64	<u>OBSTETRIC INFECTIONS</u>	
Date		
		Congenital Infections: Toxoplasma, Parvo virus, Syphilis, Rubella
		Congenital Infections: HZV, CMV, HSV, Coxsackie virus, Zika virus, Malaria, Listeria
		Peripartum Infections: GBS
		Peripartum Infections: Hepatitis Virus
		Peripartum Infections: HIV-HPV-Cervicitis-Vaginitis-Tuberculosis
		Infectious Diseases Air-Borne infections (Influenza, COVID..) Food-Borne infections, Vector Borne Infections, Bioterrorism

Study Day	link in upper black bar > Exam	Notes
65-66	<u>FORMAT YOUR MCQ</u>	
Date		
		Obstetrics > Pregnancy – Medical disorders > Infections



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GYNECOLOGY

SECTION PHYSIOLOGY AND PHASES OF LIFE

Study Day	I- Basic sciences > 2. Embryology & Sexual differentiation	Notes	
67	<u>Normal Sexual Differentiation</u>		
Date			
		Female Sexual Differentiation and development	
Study Day	III- Gynecology > Endocrinal Disorders	Notes	
67-68	<u>Disorders of Sexual Differentiation - DSD</u>		
Date			
		Part 1 Sex Chromosome DSDs	
		Part 2 46XX DSDs and 46XY DSDs	
		Part 3 Clinical Scenarios	
	Part 4 Summary Algorithm		
Study Day	III- Gynecology > Anatomical disorders	Notes	
68	<u>Mullerian fusion anomalies</u>		
Date			
		Mullerian fusion anomalies	
Study Day	I- Basic sciences > 3. Physiology and Endocrinology	Notes	
69	<u>Normal Puberty</u>		
Date			
		Normal Puberty	
Study Day	• III- Gynecology > Endocrinal Disorders	Notes	
69	<u>Precocious Puberty</u>		
Date			
		Precocious Puberty	
Study Day	I- Basic sciences > 3. Physiology and Endocrinology	Notes	
70	<u>Menstrual Cycle from clinical perspective</u>		
Date			
		Menstrual Cycle from clinical perspective	
Study Day	I- Basic sciences > 3. Physiology and Endocrinology	Notes	
70	<u>Steroidogenesis from clinical perspective</u>		
Date			
		Steroidogenesis from clinical perspective	
Study Day	I- Basic sciences > 6. Basics of therapy	Notes	
70	<u>HORMONES AND HORMONE RECEPTOR MODULATORS</u>		
Date			



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	HORMONES AND HORMONE RECEPTOR MODULATORS	
Study Day	III- Gynecology > Family planning	Notes

71	<u>Female sexual response</u>	
Date		
	Part 1 Normal female sexual response, Aesthetic gynecology,	
	Part 2 Types and causes of Female Sexual Dysfunctions, and Sexual crimes	

Study Day	I- Basic sciences > 3. Physiology and Endocrinology	Notes
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72-74	<u>Menopause</u>	
Date		
	Part 1	
	Part 2	

Study Day	link in upper black bar > Exam	Notes
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75	<u>FORMAT YOUR MCQ</u>	
Date		
	Basic Sciences → Physiology → Pick a title	

NEXT SECTION IS CONTRACEPTION

Study Day	III- Gynecology > Family planning	Notes
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76-78	<u>Contraception</u>	
Date		
	Part 1 Description, Classification, hormones in clinical use, Tier 1 LARC IUD	
	Part 2 Tier 1 LARC Subdermal Implants, Tier 1 Permanent sterilization, Tier 2 other hormonal contraception -	
	Part 3 Tier 2 other hormonal contraception	
	Part 4 Tier 3 methods and MEC Categories	

Related video in procedures: [IUD insertion tips](#)

Study Day	link in upper black bar > Exam	Notes
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79	<u>FORMAT YOUR MCQ</u>	
Date		
	Gynecology → Contraception	



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NEXT SECTION IS ENDOCRINAL DISORDERS

Study Day	III- Gynecology > Endocrinal Disorders	Notes
80	<u>Dysmenorrhea - PMS - PMDD</u>	
Date		
		Part 1
	Part 2	
Study Day	III- Gynecology > Endocrinal Disorders	Notes
80-81	<u>Polycystic ovarian disease</u>	
Date		
		Part 1: Definition, etiology, pathophysiology, pathology
		Part 2 Diagnosis,
		Part 3 Treatment
	Part 4 Details of Fertility treatment in PCO	
Related Ultrasound lecture: Gyn Scan Course - Lecture 4 - Normal ovary, PCO, AFC, Folliculometry		
Study Day	I- Basic sciences > 3. Physiology and Endocrinology	Notes
82	<u>Physiology of Androgen in Female</u>	
Date		
	<u>Physiology of Androgen in Female</u>	
Study Day	III- Gynecology > Family planning	Notes
82	<u>Hyperandrogenism</u>	
Date		
		Part 1 definition and causes,
	Part 2 Management	
Study Day	III- Gynecology > Family planning	Notes
82	<u>Hyperprolactinemia</u>	
Date		
	<u>Hyperprolactinemia</u>	
Study Day	III- Gynecology > Family planning	Notes
83	<u>Amenorrhea</u>	
Date		
		Part 1
		Part 2
	Part 3	
Study Day	III- Gynecology > Family planning	Notes
84-85	<u>Endometriosis</u>	
Date		
		Part 1
	Part 2	



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Study Day	III- Gynecology > Family planning	Notes
85	<u>Adenomyosis</u>	
Date		
	<u>Adenomyosis</u>	

Related Gyn scan course lecture 1 Fibroids Vs Adenomyosis

Study Day	III- Gynecology > Family planning	Notes
86-87	<u>Abnormal Uterine Bleeding (AUB)</u>	
Date		
	Part 1	
	Part 2	

Related Lectures [Gyn scan course lecture 1](#) - [Gyn scan course lecture 2](#) - [Gyn scan course lecture 3](#)
- **Gyn Scan Pelvic congestion syndrome**

Operative: **HYSTEROSCOPY STARTER**

Study Day	link in upper black bar > Exam	Notes
88	<u>FORMAT YOUR MCQ</u>	
Date		
	Gynecology → Endocrinal disorders → Pick a title	
	Gynecology → Endocrinal disorders.	

NEXT SECTION IS INFERTILITY

Study Day	III- Gynecology > Family planning	Notes
89-93	<u>THE INFERTILE COUPLE</u>	
Date		
	<u>Introduction and basic male reproduction</u>	
	<u>Male Factor Investigations and treatment</u>	
	<u>Causes of Female Factor Infertility</u>	
	<u>Infertility Part 4 Ovarian Factor Investigations</u>	
	▪ Related Clinical Lecture: Gyn scan course lecture 4	
	<u>Infertility Part 5 Anatomical Factor Investigations</u>	

Related lectures: [Gyn scan course lecture 2](#) - [Gyn scan course lecture 3](#)

	<u>Treatment of Ovarian Dysfunction</u>	
	<u>Treatment of anatomical factor and IVF-ICSI</u>	
	<u>Poor responders and OHSS</u>	

Study Day	link in upper black bar > Exam	Notes
94	<u>FORMAT YOUR MCQ</u>	<u>95-96 are extra-days</u>
Date		
	Gynecology → Infertility	

Next: If you want to attend full IVF and ICSI course go to: Assisted Reproduction Course If you wish move to next section "Oncology"



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ASSISTED REPRODUCTION COURSE

Session 1

Monofollicular ovulation induction and iui

- [OI according to WHO classification of anovulation](#)
- [Medications available for OI](#)
- [Clinic visit time](#)
- [Choosing Medication](#)
- [Choosing regimen](#)
- [Monitoring and Manipulation of OI](#)
- [Timing of coitus or IUI](#)
- [Intrauterine Insemination Technique in details](#)

Session 2

Pituitary Suppression Protocols

- [Overview -Agonist Protocols: Long, Short and ultrashort](#)
- [Antagonist Protocol](#)

Session 3

Controlled ovarian stimulation

- [Dose regimens](#)
- [GnH types](#)
- [Trigger](#)
- [Clinical Scenarios](#)
- [Prescription and advise](#)

Session 4

- [ICSI procedure from Clinic and OT step by step](#)
- [Preimplantation Genetic Diagnosis](#)
- [Endometrial preparation for Frozen Thawed Embryo transfer](#)

Session 5

- [Poor responders](#)
- [OHSS and clinical case scenario](#)

SESSION 6 [SUMMARY](#)

NEXT SECTION ONCOLOGY

Study Day	III- Gynecology > Oncology	Notes
97	<u>Oncology basics</u>	
Date		
		Part 1
		Part 2
Study Day	I- Basic sciences > 6. Basics of therapy	Notes
98	<u>Basics of Chemotherapy</u>	
Date		
		Part 1
		Part 2



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Study Day	I- Basic sciences > 6. Basics of therapy	Notes
98	<u>Basics of Radiotherapy</u>	
Date		
		Part 1
	Part 2	

Study Day	I- Basic sciences > 1. Anatomy	Notes
98	<u>Surgical anatomy of the pelvis</u>	
Date		
		Surgical anatomy of the pelvis

Proceed to [Anatomy of the perineum](#) if you have not seen it previously

Study Day	VI- Operations & Procedures > 3- Laparoscopy	Notes
99	<u>Laparoscopy Workshop</u>	
Date		
		Lecture 1: Overview - operation room settings, entry, insufflation - uterine manipulation.
		Lecture 2 Port placement - entry -
		Lecture 3 Ergonomics and Instruments
	Lecture 4 Laparoscopic suturing and knotting	

Study Day	III- Gynecology > Oncology	Notes
100	<u>Preinvasive Lesions of LGT</u>	
Date		
		Preinvasive Lesions of LGT

Related Lecture: [Human Papilloma virus infection](#)

Study Day	III- Gynecology > Oncology	Notes
101-102	<u>Invasive Cervical Cancer</u>	
Date		
		Part 1 Definition till treatment
		Part 2 Surgical treatment of cervical cancer
	Part 3 Radiotherapy for cervical cancer	

Study Day	III- Gynecology > Oncology	Notes
103	<u>Invasive cancer Vulva and Vagina</u>	
Date		
		Invasive cancer Vulva and Vagina

Study Day	III- Gynecology > Oncology	Notes
104	<u>Uterine Malignancy</u>	
Date		
		Part 1 (Endometrial Hyperplasia - Risk factors of Endometrial Carcinoma)
		Part 2 (Endometrial Carcinoma Diagnosis and staging)
	Part 3 (Endometrial carcinoma management - Uterine Sarcoma)	



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Study Day	III- Gynecology > Oncology	Notes	
105-106	<u>Uterine Leiomyoma</u>		
Date			
		Part 1 (Definition Aetiology and pathology)	
		Part 2 (Diagnosis)	
		Part 3 (Medical treatment)	
	Part 4 (Surgical treatment)		

You may want to have a look at related lectures:

- [Gyn scan course lecture 1 Introduction, Uterine Site, Rvf, Uterine Size, Uterine Shape, Fibroids Vs Adenomyosis](#)

- [Myomectomy Surgical tips](#)

* [Laparoscopic Surgeries - Uterine artery occlusion](#)

* [Laparoscopic Surgeries - Myomectomy](#)

- [Total abdominal hysterectomy](#)

Study Day	I- Basic sciences > 5. Pathology	Notes
107	<u>Pathology of Ovarian Tumors</u>	
Date		
	Pathology of Ovarian Tumors	

Related Ultrasound lecture [Gyn scan course lecture 5 Adnexa: Ovarian Swellings](#)

Study Day	III- Gynecology > Oncology	Notes	
108-110	<u>Ovarian Neoplasms</u>		
Date			
		Part 1 (Definition to Spread),	
		Part 2 (Diagnosis)	
		Part 3 (Treatment - Surgery),	
	Part 4 (Treatment - Chemotherapy)		

Study Day	link in upper black bar > Exam	Notes
111	<u>FORMAT YOUR MCQ</u>	
Date		
	Gynecology → Oncology → Pick a title	
	Gynecology → Oncology.	

NEXT SECTION IS ANATOMICAL DISORDERS

Study Day	III- Gynecology > Anatomical disorders	Notes	
112-113	<u>Pelvic Organ Prolapse 1</u>		
Date			
		Part 1 (Classification - POPQ system),	
		Part 2 (Diagnosis),	
	Part 3 (Treatment)		

Related Operative Lectures:



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- Anterior colporrhaphy - Repair of Cystocele
- Posterior colpoperineorrhaphy - Repair of Rectocele
- Laparoscopic Surgeries - Mesh Sacral Hysteropexy

Study Day	I- Basic sciences > 1. Anatomy	Notes
114	<u>URINE CONTINENCE IN FEMALE</u>	
Date		
	URINE CONTINENCE IN FEMALE	

you may want to check Anatomy of the perineum

Study Day	III- Gynecology > Anatomical disorders	Notes
114-115	<u>Stress and Urge urinary incontinence</u>	
Date		
	Part 1 (Types of incontinence - Diagnosis and urodynamic studies)	
	Part 2 (treatment and surgical complications including hematoma formation and postoperative urine retention)	

Related operative Lecture [Burch Colposuspension](#)

Study Day	III- Gynecology > Anatomical disorders	Notes
116	<u>Urogenital Fistula</u>	
Date		
	Part 1 (Defintion - Etiology)	
	Part 2 Diagnosis and treatment	
	Part 3 Surgical Treatment.	

Study Day	III- Gynecology > Anatomical disorders	Notes
117	<u>Rectovaginal Fistula and Fecal Incontinence</u>	
Date		
	Part 1	
	Part 2	

Study Day	III- Gynecology > Anatomical disorders	Notes
118	<u>Retroverted uterus and uterine inversion</u>	
Date		
	Retroverted uterus and uterine inversion	

Study Day	link in upper black bar > Exam	Notes
119	<u>FORMAT YOUR MCQ</u>	
Date		
	Gynecology → Anatomical disorders → Pick a title	
	Gynecology → Anatomical disorders.	



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NEXT SECTION IS GENITAL INFECTIONS

Study Day	I- Basic sciences > 5. Pathology	Notes
120	<u>Immune response</u>	
Date		
		Immune response
Study Day	III- Gynecology > Genital Infections	Notes
120	<u>Infection Basics</u>	
Date		
		Infection Basics
Study Day	III- Gynecology > Genital Infections	Notes
121	<u>Infections of the Vulva</u>	
Date		
		Part 1 (Vulvar irritation and pruritis)
		Part 2 (Parasitic and viral STDs of the vulva)
	Part 3 (Bacterial STDs of the vulva)	
Study Day	III- Gynecology > Genital Infections	Notes
122	<u>Infections of the vagina</u>	
Date		
		Part 1 (Normal ecosystem of the vagina - Bacterial Vaginosis - Trichomoniasis)
		Part 2 (Fungal vaginitis - Prepubertal vulvovaginitis)
Study Day	III- Gynecology > Genital Infections	Notes
123	<u>Toxic Shock Syndrome</u>	
Date		
		Toxic Shock Syndrome
Study Day	III- Gynecology > Genital Infections	Notes
114-125	<u>Infections of the cervix</u>	
Date		
		Part 1 Physiology and anatomy of the cervix, Mucopurulent cervicitis, N.Gonorrhea.
		Part 2 Chlamydia Trachomatis, Mycoplasma Genitalium,
		Part 3 Human Papilloma virus infection
	Part 4 Human Papilloma virus infection.	
Study Day	III- Gynecology > Genital Infections	Notes
126	<u>Pelvic inflammatory disease</u>	
Date		
		Part 1
	Part 2	



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Study Day	III- Gynecology > Genital Infections	Notes
127	<u>Wound Healing and Sepsis</u>	
Date		
	Wound Healing and Sepsis	

Study Day	link in upper black bar > Exam	Notes
128	<u>FORMAT YOUR MCQ</u>	
Date		
	Gynecology → Genital Infections → Pick a title	

NEXT SECTION IS MESCILLANEOUS

Study Day	IV- Miscellaneous & revision > Law and ethics	Notes
129	<u>Prof. Dr. Ahmed Elbohoty Lectures - Medical Ethics</u>	
Date		
	Law and Ethics	

Study Day	IV- Miscellaneous & revision > Methodology and Statistics	Notes
130	<u>Prof. Dr. Ahmed Elbohoty Lectures EPIDEMIOLOGY AND MORTALITY RATES</u>	
Date		
	EPIDEMIOLOGY AND MORTALITY RATES	

Study Day	IV- Miscellaneous & revision > Methodology and Statistics	Notes
131	<u>Prof. Dr. Ahmed Elbohoty Lectures RESEARCH METHODOLOGY</u>	
Date		
	RESEARCH METHODOLOGY	

Study Day	link in upper black bar > Exam	Notes
132	<u>FORMAT YOUR MCQ</u>	
Date		
	Gynecology → Miscellaneous Obstetrics → Statistics	

Final Revision

Study Day	link in upper black bar > Exam	Notes
136-140	<u>FORMAT YOUR MCQ</u>	
Date		
	5 days full MCQ coverage All categories) Last revision day do not choose any category or subcategory just pick number of questions.	

CONGRATULATIONS *you are ready.*